**Code of Conduct for Junior Athletes**


# Rowing for Young People

Rowing Ireland and Shannon Rowing Club (SRC) are fully committed to safeguarding and promoting the wellbeing of all of its members. We believe that it is important that members, coaches, administrators and parents associated with the sport should, at all times, show respect and understanding for the safety and welfare of others. Members are encouraged to be open at all times and to share any concerns or complaints that they have about any aspect of the sport with the appropriate Designated Officer who for Rowing Ireland is Tom

Fennessey (ROI). In SRC, the Designated Officer is Kevin Balfe and Club Children’s Officer is Caroline Keane.

Rowing Ireland and SRC should offer a positive experience to young people where they can learn new things in a safe and positive environment. As a rower within Rowing Ireland and SRC, you are expected to abide by the following code of practice:

***Our Junior athletes commit to :***

* Represent their club, their crew and their other team members with pride and dignity
* Support their team members – encourage the best of everyone and offer support when required
* Train and compete fairly
* Show loyalty and commitment to your Club, your team members and other Club members
* Be friendly and welcome new members
* Not get involved in inappropriate peer pressure and push others into something they do not want to do
* Keep within the defined boundary of the rowing centre area and rowing area.
* Behave well and listen to all instructions from coaches, umpires and officials.
* Follow Club rules and Regulations – including this Code of Conduct
* Stay within the rules of the sport and respect umpires and their decisions.
* Take care of equipment owned by the club/sport – take part in club clan ups.
* Respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background or religious beliefs or sexual identity
* Refrain from the use of bad or offensive language or from spreading rumours
* Refrain from bullying. This includes bullying using technologies and social media.
* Refrain from rough and dangerous play.
* Keep to agreed timings for training and competitions - inform the coach or team manager if you are going to be late.
* Wear/bring suitable kit
* Pay any fees for training and events promptly
* Juniors are not allowed to smoke on rowing premises or while representing the club or Rowing Ireland.
* Juniors are not allowed to consume alcohol or drugs of any kind on rowing premises or while representing the club or Rowing Ireland.
* Show respect to opponents
* Demonstrate good sportsmanship and team spirit - be gracious in defeat
* Keep yourselves safe.
* Report inappropriate behaviour or risky situation for young rowers.
* Play fairly and be trustworthy
* Challenge or report the bulling of your peers
* Not cheat or be violent/aggressive
* Not use violence
* Make your club a fun place to be.

# Junior athletes have the right to:

* Feel safe
* Quality coaching
* Be listened to and believed
* Be respected and treated fairly
* Privacy
* Enjoy rowing in a safe environment
* Be protected from abuse by others in rowing or outside sources
* Participate on an equal basis, appropriate to ability
* Experience competition and the desire to win
* Ask for help
* Have their concerns dealt with in an appropriate manner

Any misdemeanours or general misbehaviour will be addressed by the immediate coach and reported verbally to the designated person. Persistent misbehaviour will result in sanctions including dismissal from the club/sport. Parents/ guardians will be informed at all stages.

Dismissals can be appealed by the parent/ guardian with final decisions taken by the club committee or referred to the governing body depending on the disciplinary procedures within the sport.

……………………..Signature of Young Person

……………………..Printed name of Young person

……………………..Signature of Parent/Guardian

……………………..Printed name of Parent/Guardian

……………………..Date

**Code of Conduct – June 2023**